

Assistance Available for Our Veterans

Sent: September 7, 2021

You are not alone!

I know many of my fellow veterans, service members, and their families are suffering from a variety of emotions related to the recent events in Afghanistan.



As such, I wanted to share links to Loudoun's Veterans Services Program and Virginia's Vet Center Program as a reminder that services are available for veterans and their families with regards to counseling, connection, and many other forms of support.

Loudoun's Veterans Services Program Page

Virginia's Vet Center Page



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Veterans Services Program

Overview

Veteran Services in Loudoun County is designed to coordinate a one-stop information, outreach, and referral hub for veterans, and to establish a collaborative network of partners who serve veterans in the county.

Please find links on this page to information about services for veterans, including immediate assistance, help with benefits, assistance with employment and training, and more.

We want to hear from you about your top issues as veterans. Please take this brief survey.

Veterans Immediate Assistance

Veterans Benefits Assistance

Veterans **Employment** Assistance

Other Information for Veterans

Contact Information

Tom Grant, Loudoun County Veterans Program Coordinator

Phone: 571-258-3815 **Email Tom Grant**

To be added to the Veterans Services Program email distribution list, send your name and email address to LoudounVets@loudoun.gov.

Follow the Loudoun County Veterans Program on Facebook



Memorandum U.S. Department of Veterans Affairs Martinsburg Vet Center

> 300 Foxcroft Ave Suite 100A Martinsburg, WV 25401

Available Services for Afghanistan Vets

We understand that recent events in Afghanistan can trigger a variety of emotions for Veterans, service members, and their families based on their unique experience as it pertains to these events.

Feeling distress is a normal reaction to negative events, especially ones that feel personal. It can be helpful to let yourself experience those feelings rather than try to avoid them, and the Martinsburg Vet Center is there to assist with processing through those feelings.

The Martinsburg Vet Center stands ready to support Veterans, service members who have experienced the tragedies of war or other types of trauma, and their families with community-based counseling at no cost and without time limitation. Vet Centers offer opportunities to build connections with other Veterans and service members who have shared or similar experiences and know they're not alone.

We encourage any Veteran or service member who served in Afghanistan or a family member who lost someone while serving in Afghanistan to get connected to the Vet Center.

The Martinsburg Vet Center, invites Veterans, Active Duty, Guard, Reserve, and Family members to contact the Vet Center for help processing these events.

Vet Centers were founded by Vietnam Veterans who recognized the need of community with other Veterans who could come together and begin to make meaning of their military service and begin to heal.

The Martinsburg Vet Center is a part of 300 Vet Centers across the country, who are relying on their 40 + years of experience in providing safe and confidential places for Veterans and services members to process through their experiences in combat, or other traumatic experiences endured in the military.

To get connected, we encourage Veterans, service members and their families to call us during normal business hours at (304)-263-6776. To learn more about our services visit our website at www.vetcenter.va.gov

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All our best!

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